

Renewing the mind
Case studies in avoidance behaviour
(Diamonds)

1. You work as a carpenter with a large construction firm. Alternative work in the construction industry is very hard to come by, at the moment. One of your work-mates is your sister's husband, neither of them are Christians. Each tea break, and lunch break, the lads sit in the container room and swap yarns. The container room is bedecked with explicit pictures from the cover of "Playboy".
At the breaks, the "boys" your workmates whom you trust and depend on for safety and security, swap jokes of a very lewd nature! They also share and brag about their sexual activities and intended triumphs.
You are a "Born again Christian". You are determined to live the new Christian life and to put to death the "old life".
What are some of the issues here in your workplace, and how might you behave to renew your mind.

Renewing the mind
Case studies in avoidance behaviour
(Spades)

2. You are the lead member of an aircrew. The air crew industry is very tight and jobs amongst other airlines are very difficult to come by. The crew with which you are currently working is close knit, it has been together for almost 12 months and is regarded as one of the finest in the airline. On this current flight, is a Head Office "boffin" who will be undertaking your performance review and salary after the flight returns to base. You need an increase in pay to support two hungry teenage lads.
At the destination away from home, it has been the practise to meet up with other crews at the motels, and to swap and share beds with other crew members. This is all done with full consent. The activity is accepted by the airlines involved as almost standard practise.
You are a "Born again Christian". You are determined to live the new Christian life and to put to death the "old life".
What are some of the issues here in your current 48 hour return flight with 2 days stopover in Las Vegas, and how might you behave to renew your mind.

Renewing the mind

Case studies in avoidance behaviour

(Hearts)

3. You are a member of a team which provides full time care for residents in a luxury holiday complex. Jobs here are very difficult to obtain, there are few alternative opportunities for you on the holiday island resort. Amongst the staff, there has developed a practise of using some of the resources from the resort for private use. Things like toilet rolls, soap, shampoo, towels are regarded by the staff as perks. Also the staff are very prone to character assassination. They love spending work breaks talking about their residents, judging them, and giving them pseudo names. They even extend this “sport” to some of the less popular members of staff. It is deemed acceptable, because the observations and judgments contain an element of truth. Recently your pastor’s wife has joined the staff of the complex. You are a “Born again Christian”. You are determined to live the new Christian life and to put to death the “old life”. What are some of the issues here in your workplace, and how might you behave to renew your mind.

Renewing the mind

Case studies in avoidance behaviour

Clubs

4. You have been a former and once very active member of a religious community. Circumstances changed and you decided that it was time to leave. Your new walk in life has been very enjoyable and challenging, new friends, new meanings for your life, and even new insights into God and His ways – which are very daunting and excitable for you. You find that you have a desire to share these new things with your old friends (from the religious community) – but they are not interested. This is a great disappointment to you. However you have been invited to the community for a 15-year memory evening. The community does not share your Christian values at all. You also find out that at the reunion, will be one ex-community member who had sexually molested you during your time with the community. You have already notified your intention to attend. You are a “Born again Christian”. You are determined to live the new Christian life and to put to death the “old life”. What are some of the issues here in your iwi, whānau and roopu, and how might you behave to renew your mind.